

This calendar is subject to change

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 26	June 27	June 28	June 29	June 30	July 1	July 2
12:30pm to 4:30pm	Cooking 	Cooking 	Cooking 	Cooking 	Cooking 	Whale Watching 	Time with host family or at residence
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Beach at St. Joseph Lake 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game room  Arts & Crafts 		Sports  Board Game 	Walk in Old Quebec 		

Teens 2023
Cooking

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 3	July 4	July 5	July 6	July 7	July 8	July 9
12:30pm to 4:30pm	Cooking 	Cooking 	Cooking 	Cooking 	Cooking 	Valcartier Water Park 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		

Teens 2023
Cooking

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 10	July 11	July 12	July 13	July 14	July 15	July 16
12:30pm to 4:30pm	Cooking 	Cooking 	Cooking 	Cooking 	Cooking 	Kayak down the river 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Sugar Shack 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	Walk in Old Quebec 		

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 17	July 18	July 19	July 20	July 21	July 22	July 23
12:30pm to 4:30pm	Cooking 	Cooking 	Cooking 	Cooking 	Cooking 	MONTREAL WEEKEND 	MONTREAL WEEKEND
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host family 	Time with Host family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		

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WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 24	July 25	July 26	July 27	July 28	July 29	July 30
12:30pm to 4:30pm	Cooking 	Cooking 	Cooking 	Cooking 	Cooking 	See you again next year!	
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host family 	Time with Host family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		

Teens 2023
Cooking