


















This calendar is subject to change

**Teens 2023
Multi-activities**



















WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 26	June 27	June 28	June 29	June 30	July 1	July 2
12:30pm to 4:30pm	Visit of the "Governor's House" 	French Cinema Afternoon 	Beach at St. Joseph Lake 	Aquarium 	Shopping Afternoon 	Whale Watching 	Time with host family or at residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Beach at St. Joseph Lake 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game room  Arts & Crafts 		Sports  Board Game 	Walk in Old Quebec 		

This calendar is subject to change

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 3	July 4	July 5	July 6	July 7	July 8	July 9
12:30pm to 4:30pm	Crackpot Café 	Visit of the Château Frontenac 	Beauport Bay 	Museum of Civilisation 	Shopping Afternoon 	Valcartier Water Park 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Sugar Shack 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 			Sports  Board Game 	French Movie Night 		

Tens 2023
Multi-activities

This calendar is subject to change

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 10	July 11	July 12	July 13	July 14	July 15	July 16
12:30pm to 4:30pm	Guided visit of the Old City 	French Cinema Afternoon 	Montmorency Falls visit 	Mini-golf Fluo 	Shopping Afternoon 	Kayak down the river 	Time with Host Family or at Residence
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	Walk in Old Quebec 		

**Teens 2023
Multi-activities**

This calendar is subject to change

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 17	July 18	July 19	July 20	July 21	July 22	July 23
12:30pm to 4:30pm	Quebec / Levis Ferry 	Indoor Climbing 	Huron Village in Wendake 	Bowling 	Shopping Afternoon 	Weekend in Montreal (overnight!) Montreal Visit & Shopping + La Ronde Amusement Park 	Weekend in Montreal (overnight!) SOS Labyrinthe Montreal 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host family 	Time with Host family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 		Sports  Board Game 	French Movie Night 		

**Tens 2023
Multi-activities**

This calendar is subject to change

WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday	
	July 24	July 25	July 26	July 27	July 28	
12:30pm to 4:30pm	Visit of the Citadelle 	French Cinema Afternoon 	The Laser Challenge 	Guided Cruise 	Shopping Afternoon 	See you back next year!
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts & Crafts 	Surprise Activity 	Sports  Board Game 	Walk in Old Quebec 	

**Teens 2023
Multi-activities**