



















This calendar is subject to change

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 10	June 11	June 12	June 13	June 14	June 15	June 16
12:30 pm to 4:30 pm	Guided Visit of the Château Frontenac 	Sainte Anne Basilique Visit 	Bike Ride on the Champlain Trail 	Défi Évasion (Escape Challenge) 	Shopping Afternoon 	Tube Down the River 	Time with host family or at residence 
Host Family from 4:30pm	Time with host family 	Time with host family 	Time with host family 	Time with host family 	Time with host family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room 	Arts and Craft 	Sports 	Bord Game 	French Movie Night 	

Teens 2019 Multi-activities

This calendar is subject to change

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 17	June 18	June 19	June 20	June 21	June 22	June 23
12:30 pm to 4:30 pm	Bus City Tour 	Archery 	Indoor Climbing 	Bubble Soccer 	Shopping Afternoon 	Tree to Tree Adventure Park 	Time with host family or at residence 
Host Family from 4:30pm	Time with Host family 	Time with Host family 	AML Cruise 	Time with Host family 	Time with Host family 		
Residence 4:30 pm to 9:30 pm	Outdoor Group Game 	Game Room  Arts and Craft 		Sports  Board Game 	Walk in Old Quebec 		



















Teens 2019 Multi-activities

This calendar is subject to change

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	June 24	June 25	June 26	June 27	June 28	June 29	June 30
12:30pm to 4:30pm	Guided Visit of the Parliament 	Bowling 	Visit to the Museum of Civilization 	Laser Tag 	Shopping Afternoon 	Granby Zoo 	Time with host family or at residence 
Host family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with host family 	Time with host family 	Time with host family 		
Residence 4:30 pm to 9:30 pm	Outdoor Group Game 	Game Room  Arts and Craft 		Sports  Board Game 	French Movie Night 		

**Teens 2019
Multi-activities**

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WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 1	July 2	July 3	July 4	July 5	July 6	July 7
12:30pm to 4:30pm	Visit of the "Governor's House" 	French Cinema Afternoon 	Beach at St. Joseph Lake 	Aquarium 	Shopping Afternoon 	Valcartier Water Park 	Time with host family or at residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Beach at St. Joseph Lake 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game room  Arts and Craft 		Sports  Board Game 	Walk in Old Quebec 		

Teens 2019 Multi-activities

This calendar is subject to change

WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 8	July 9	July 10	July 11	July 12	July 13	July 14
12:30pm to 4:30pm	Crackpot Café 	Zone Patro 	Beauport Bay 	Visit Quebec City from the Top! 	Shopping Afternoon 	Whale Watching 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts and Craft 		Sports  Board Game 	French Movie Night 		

Teens 2019 Multi-activities

This calendar is subject to change

WEEK 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 15	July 16	July 17	July 18	July 19	July 20	July 21
12:30pm to 4:30pm	Guided visit of the Old City 	French Cinema Afternoon 	Montmorency Falls visit 	Museum of Civilisation 	Shopping Afternoon 	Weekend in Montreal (overnight!) Montreal Visit & Shopping + La Ronde Amusement Park 	Weekend in Montreal (overnight!) SOS Labyrinthe Montreal 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Sugar Shack 	Time with Host Family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts and Craft 		Sports Bc ime  	Walk in Old Quebec 		

Teens 2019
Multi-activities

This calendar is subject to change

WEEK 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	July 22	July 23	July 24	July 25	July 26	July 27	July 28
12:30pm to 4:30pm	Quebec / Levis Ferry 	Indoor Climbing 	Huron Village in Wendake 	Bowling 	Shopping Afternoon 	Kayak down the river 	Time with Host Family or at Residence 
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host family 	Time with Host family 	Time with Host Family 		
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts and Craft 		Sports  Board Game 	French Movie Night 		

Teens 2019 Multi-activities

This calendar is subject to change

WEEK 8	Monday	Tuesday	Wednesday	Thursday	Friday	
	July 29	July 30	July 31	August 1	August 2	
12:30pm to 4:30pm	Walking Tour of the Old Port & Outdoor Market 	Cinema Afternoon ! 	The Laser Challenge 	Bubble Soccer 	Shopping Afternoon 	See you back next year!
Host Family from 4:30pm	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	Time with Host Family 	
Residence 4:30pm to 9:30pm	Outdoor Group Game 	Game Room  Arts and Craft 	Surprise Activity 	Sports  Board Game 	Walk in Old Quebec 	

Teens 2019
Multi-activities